

For Women

For Women

For Mom's - Taking Care of the Me in Mommy

Becoming a better mom -- spirit, body and soul. Join us! We'll be studying the book 'Taking Care of the Me in Mommy' by Lisa Whelchel



About your leaders. . .

Amy Caughern is a relative new-comer to SHBC and she wasted no time getting involved and jumping into leadership. She and her husband, Aaron have four children: Ethan, Levi, Katie and Evan.

Raylea Whiteman and her husband Danny have been active members at SHBC for over 10 years. Raylea is served the church in a number of important capacities over the years. They have two children, Lizzie and Micah.

For Youth & Children

6:20 for Youth: For 7th-12th Graders

Planted: For Kindergarten - 6th Graders

Greenhouse Wednesdays: For 6 weeks - Pre-Kindergarten

MidWeek CommUnity Class Info

- With the exception of Pastor Hess's Bible Study, Worship Choir, and CR Step Studies, MidWeek CommUnity classes will end before Christmas.
- Some classes will have a small study book fee.
- Some scholarships are available as needed - talk with your leader.
- You leader will explain class details/supplies on Orientation night, Sept. 8.
- There is NO CommUnity Café dinner and NO child care on the following dates, most classes do not meet. Check with your leader to make sure if you are meeting on the dates below.
 - October 20, Fall break week
 - November 24, Thanksgiving week
 - December 22, Christmas week
 - December 29, New Year week

CommUnity Café

Serving Dinner Every Wednesday
5:15 pm to 6:15 pm

Adults: \$4.00 Kids (18 & under) & Seniors. : \$3.00

Let's Celebrate our fellowship meal time!
To spice things up just a tad, this September
we'll have special themes for dinner and
ambiance around the tables!

Plan ahead! Reservations are needed. Call 743-8897

Optional Merriment: feel free to dress in the mood of the evening!

September 8th – Drive-in Movie Night

Let's party 1950's style!

Also, Introduction night for Fall MidWeek CommUnity

Menu: Drive-in food: Burgers, fries, hotdogs, pizza, root beer floats

September 15th - Ghana – African Night

An African ambiance with wild rice & Jeremiah's goat (you gotta hear this story!)

Menu: Goat and wild rice & more! (really chicken breast)

September 22nd - Oklahoma - Western Night

Oklahoma! Where the wind comes sweepin' down the plain, And the wavin' wheat can sure smell sweet when the wind comes right behind the rain.

Menu: BBQ, baked beans, and all the fixuns!

September 29th - Fiesta Night

Viva Mexico! Sombreros, etc!

Menu: Enchiladas, beans, rice and more!

**MidWeek
CommUnity**

**Fall Semester
2010**

**Preview Night
September 8, 6:30 pm**

**MidWeek Begins
September 15, 6:30 p.m.**

Sign Up in Lobby!



For All Adults

For All Adults

For All Adults

For All Adults

For Men

For Men

Pastor's Bible Study with Hess Hester

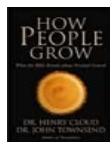
A weekly time of prayer, song and on-going Bible Study. This is a great group and all guests and visitors are warmly invited to attend anytime! On-going through May.



About your leader . . . Hess Hester has served SHBC as our Senior Pastor for over 12 years. He and his wife, Julie, have three grown daughters and two awesome sons-in-law!

How People Grow

You've heard lots of "biblical" answers, but the question remains How Do You Grow? What does it take to experience increasing strength and depth in your spiritual walk, marriage, family life, friendship, personal development – in everything life is about? How can you help others move into growth that is profound and lasting?



Drs. Cloud and Townsend (authors of the popular book *Boundaries*) look to Scripture for the very best strategies for spiritual and emotional growth. In this theological foundation, they look at:

- ♦ The essential processes that make people grow
- ♦ How they fit into a biblical understanding of spiritual growth and theology
- ♦ How spiritual growth and real-life issues are one and the same
- ♦ The responsibilities of others who assist people in growing – and what your own responsibilities are in your personal growth.

How People Grow shows why all personal growth is spiritual growth, and how you can grow in ways you never thought possible.

About your leader . . . Nicole Duncan is a member of SHBC, leads a LifeGroup for single, young professionals called PROXY, and is the Training Coach Apprentice through Celebrate Recovery. She has two Masters in Christian Counseling, highly values the importance of community and healthy relationships, and has a passion for learning and teaching. Part of a good, healthy relationship is a lot of understanding!

G2: Growing Toward Spiritual Maturity

These four one-hour workshops will introduce you to four elements for growing in your walk with Christ -- some basics of spiritual developments such as:

- ♦ how to develop a prayer life.
- ♦ how to use the Bible as a resource for spiritual growth.
- ♦ the benefits of being part of a community LifeGroup.
- ♦ and the value of serving as a lifestyle.



About your leader . . . Steve Watkins has been a member at SHBC for 18 years. Over the years, he has served in many capacities such as leading LifeGroups and other studies and volunteering in our Youth, Children's and Men's ministries. Steve is currently in his fourth year as our Executive Pastor. He and his wife, Jamie, have two children; Sara and Will.

Worship Choir

If you like to sing then come join us. The worship choir is a group of individuals who join their voices together every Sunday to present a song of worship, and help lead our congregational worship through music. Our time together on Wednesday evening is a time where we come together to learn more about the songs we sing, and why we sing those songs. It is also a time to learn more about what it means to worship God with all of our heart, soul, mind and strength. This group does not require an audition, but it does require a love for God, and a desire to help others worship Him through music. On-going with a break in the summer time.



About your leader . . . Jesse Graver, our Worship Arts Pastor, joined our staff in 2007. He moved to SHBC from First Baptist, Hurst, Texas where he served for 4 years while attending Seminary. He is a graduate of Oklahoma Baptist University and has earned his Masters of Music with a Ministry Emphasis from Southwestern Baptist Theological Seminary. Jesse and his wife Andrea have two young sons, Joseph and Benjamin, and a daughter, Ella.

"Beginning Genealogy"

Learn techniques, strategies and sources for discovering your family roots.



About your leader . . . Hugh Keen started researching family histories about 35 years ago. He has done research in most of the major genealogical and historical archives and repositories from Pennsylvania to Texas. He has conducted several genealogy seminars on various topics for the Tulsa Genealogy Society and the Tulsa City County Library and has published four family history books.

Celebrate Recovery 12 Step Study

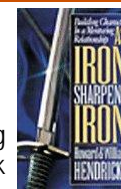
This in-depth Bible Study is the heart of the Celebrate Recovery ministry. You will develop life long friends as you travel the road of recovery with other people. The Celebrate Recovery curriculum is based on the beatitudes from the Sermon on the Mount. These Biblical principles lead to healing from life's hurts, hang-ups and habits. Step Study groups are gender-based and new Step Studies begin year round and happen on other days and nights of the week as well as Wednesdays. This study is a nine month to one year commitment. **There is a both a women's and a men's group beginning soon on Wednesday evening.**



About your leaders . . . Each Step Study is lead by two active and qualified leaders who have themselves been through at least one Celebrate Recovery Step Study in the past.

"Iron Sharpens Iron"

Think about the people that influenced your life most. Why did they do it? What did they do? How did they go about it? Answer these questions and you will be hooked on mentoring for the rest of your life. Rooted in biblical principles, this book shows that the most dramatic spiritual and personal growth often happens through the influence of a mentor. You will learn how to:



- ♦ Identify the kind of mentor you need
- ♦ Maximize your mentoring relationship
- ♦ Model your relationship after biblical examples
- ♦ Grow through the shared wisdom of another believer
- ♦ Influence others as you replicate the mentoring process

Whether you are looking for a mentor or wish to mentor someone yourself, this book provides specific steps to begin the relationship and make the most of it.

About your leader . . . Chuck Richardson, his wife Christine and their three boys, have been at SHBC for six years. In addition to serving as our Men's Lay Leader, Chuck also serves as a Deacon and LifeGroup Leader.

For Women

For Women

Israel: God's Plan for the Ages

With much media attention focusing on reports of conflict in the Middle East, it is easy to lose touch and ask "What does that have to do with me?" God's story for Israel has much to do with us as believers today! In fact, as New Testament followers of Christ, we have been grafted into His story! This study will examine Biblical roots of the nation of Israel and the significance of Israel to the world today. Attention will be given to stories in the Old Testament including God's covenant with Abraham, the Patriarchs (Abraham, Isaac, Jacob, Joseph and Moses), the giving of the Law, the times of judges, kings and prophets, God's plan for redemption through the nation of Israel, and God's plan for Israel's future. Join us as we learn more about God's work in the world today as we journey through the fascinating stories of the Old Testament!

About your leader . . . Kathy Curry, our Women's Ministry Lay Leader and her husband, Monty, have three children, Krista, Kelsey and Matt, in three different colleges. Kathy earned her M.Ed. from Southeastern Oklahoma State University in Educational Administration Curriculum and Supervision. She has experience as a Middle School Principal, Curriculum Director and Director of Women's Ministries. Kathy's desire is to see women grow in their relationships with each other and in intimacy with God.

(more options for women on next page)